



## MISSION

Autumn Trails Stable strives to nurture the full potential of individuals in our community through the therapeutic power of horses.

## VISION

We will be a transformative center serving our community in a collaborative, professional and encouraging environment that brings together medical and recreational models with the healing power of the human-equine bond to make the impossible become possible for everyone we serve.

## AUTUMN TRAILS STABLE 2019 BOARD OF DIRECTORS

**Melissa Laitasalo**

*President*

**Lisa Mugrage**

*Vice President & Secretary*

**Benita Adrian**

*Voting Member*

**Ashley Mershon**

*Voting Member*

**Renaë Hawkins**

*Voting Member*

## KEY STAFF

**Angela Stan**

*Executive Director/PATH International  
Certified Therapeutic Riding Instructor*

**Angel Fogle**

*Equine Manager*

**Kimberly Kosey**

*Barn Manager/Administrative Assistant*

**Jess Knowles-Thomas**

*Volunteer Coordinator*

**Carol Bryant**

*Odyssey Coordinator/PATH International  
Certified Therapeutic Riding Instructor*



# ANNUAL REPORT 2019



## WHO WE SERVE: OUR WHY

59 | 70% | 30% | 30

Total # of  
Participants Served  
in 2019

Under the  
age of 18

Adult  
Participants

New  
Participants

*We served participants from Clark, Champaign, Montgomery, Greene, Miami, Butler, Madison, and Franklin counties.*

## PARTICIPANT DIAGNOSES

**1 Psychological: 37%**

(PTSD, anxiety, depression, OCD, etc.)

**2 Autism: 20%**

**3 ADHD: 17%**

**4 Developmental Disabilities: 15%**

(Cognitive impairments, learning disabilities, etc.)

**5 Neurological Disorders: 15%**

(Encophalopathy, stroke, seizure disorder, etc.)

**6 Cerebral Palsy: 12%**

**7 Traumatic Brain Injury: 3%**

**8 Other: 13%**

## VOLUNTEERS: THOSE WHO MAKE IT HAPPEN

99 | 61 | 25 | 4,843

Total # of  
Volunteers in 2019

New  
Volunteers

Wittenberg  
Volunteers

Total # of  
Volunteer Hours Logged

**TOTAL VALUE OF HOURS VOLUNTEERED = \$123,157.49**

*\* The value of volunteer hours is based on \$25.43/hour as stated by the independent sector*

## HORSES & PONIES: THE HEROES

**9 NUMBER OF HORSES AND PONIES OF VARIOUS BREEDS THAT SERVED OUR CLIENTS IN 2019**

## IMPACT STORY: KEENAN

“Keenan started with ATS in September of 2019. He was diagnosed with ASD when he was 2 ½ years old, and he is now 13 years old. I wish I would have gotten Keenan into ATS a long time ago. He has gained confidence, a hobby, something that is only his, and his communication has improved! I hope to keep this program in Keenan’s life as long as we can! Thanks to all the staff at ATS for donating your time and energy to serve a wonderful cause!”

-Emily, Keenan’s Mom





## LETTER FROM EXECUTIVE DIRECTOR

2019 was filled with many triumphs, smiles, growth and building even more relationships within our community! We worked from our first strategic plan and development plan to achieve a remarkable 54% growth, which could not have been done without our amazing donors, volunteers, participants & families, staff and board members. Our Odyssey program grew tremendously serving just under 20 participants throughout the year. ATS' volunteer family grew quite a bit and we had the largest number of Wittenberg students serve in our organization than ever before. Our fundraising events like Denim & Diamonds and the Duke Memorial Horse Show experienced huge growth as well. By the end of 2020, we will have two additional Certified Therapeutic Riding Instructors and look forward to serving more individuals. We are excited to continue building relationships and collaborations within our community as we work toward being a sustainable center for years to come – we hope you'll join us!

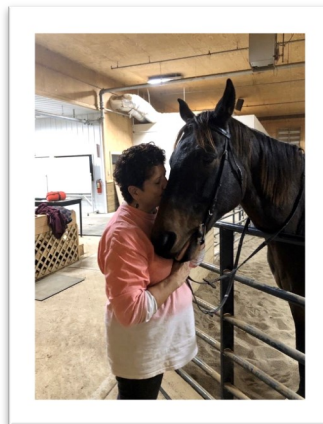
*Angela Stan*



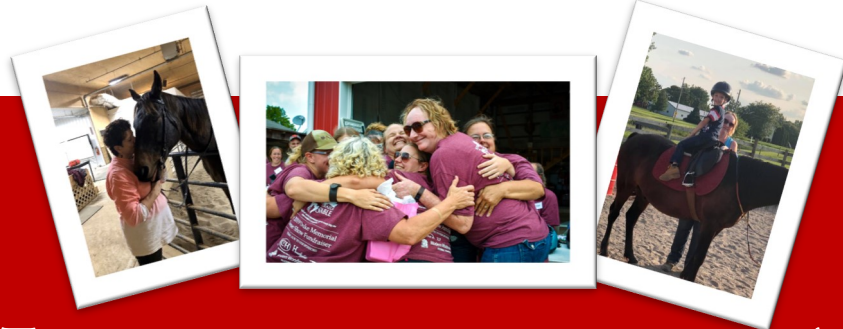
## ODYSSEY: EQUINE SERVICES FOR VETERANS & FIRST RESPONDERS

In 2019, Autumn Trails Stable served almost 20 veterans, first responders and their families through Odyssey: Equine Services for Veterans & First Responders. Every Tuesday night, individuals gathered at The Greene County Career Center's indoor riding arena to experience a safe community where they could increase their knowledge of self, horses, and others through Equine Assisted Learning.

The program is free of charge to veterans, first responders and their families as we fundraise in order to cover the costs. We are grateful to Finally Home Farm for assisting with the success of this program. For more info, visit [www.autumntrailsstable.com/odyssey](http://www.autumntrailsstable.com/odyssey).



"...so Tuesday nights have become my favorite night because I spend it with these beautiful animals and the people I now call friends. These nights are what balances me. Makes me feel whole, makes me calm. Between this (Odyssey) and our Almighty, all is good in the world."  
- Lisa R. (Odyssey Participant)



# THANK YOU TO OUR DONORS!

*Thank you for every single gift, whether monetary or in-kind, generously donated this year:*

## PLATINUM

Judy Burnett  
 Community Health Foundation  
 Davita  
 Dan & Alicia Griffin  
 Hearth & Home  
 Kohl's Cares  
 Modern Woodmen of America  
 RuckUp22  
 The Springfield Foundation  
 United Way of Clark, Champaign  
 & Madison Counties  
 UPS  
 Young Woman's Mission

## GOLD

Keith & Benita Adrian  
 Virgil & Kay Akers  
 Auxiliary of Springfield Regional Medical Center  
 Covenant Presbyterian Church  
 Johannah Dunham  
 Homestretch Thoroughbreds  
 KB&P Financial Partners  
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 The Springfield Rotary Club  
 United Health Group

## SILVER

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## BRONZE

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 Greg & Robin Winkhart  
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 Bethany Wright  
 Kali Wyatt  
 Bonnie Yeager  
 Jessica Yetzke  
 Casey Young

## IN MEMORY

Carl & Tiny Severs

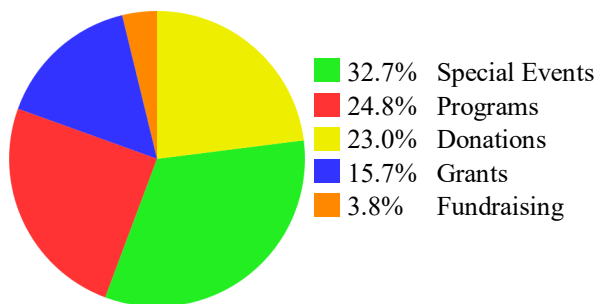
## SPECIAL THANKS

All of our In-Kind & Facebook Donors  
 Gudorf Construction Services LLC. for  
 discounted facility rent  
 Dr. Griffin (Veterinarian)  
 Chris Hillsamer (Farrier)  
 Dr. Coppock (Equine Chiropractor)  
 Dr. Bucci (Equine Acupuncture)  
 Holly Steinberger for donating her  
 bookkeeping services  
 John Beckman (Logo design)  
 Finally Home Farm  
 Greene County Career Center  
 To those who leased their horses to ATS:  
 Mandi Cool, Kim Errett, Angel Fogle,  
 Brenda Gunter, Logan Phillips, &  
 Angela Stan



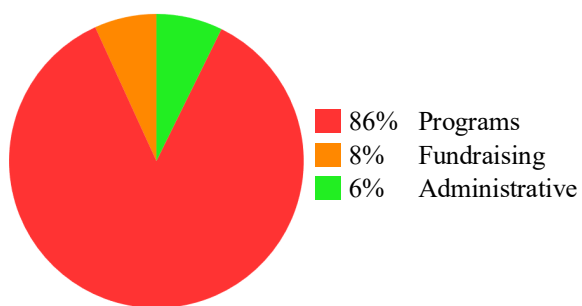
## Where does our revenue come from?

We are grateful to our many generous donors who provided 75.2% of our revenue in 2019.



## How we use our donor dollars?

86 cents of every dollar donated was spent on program services for our participants.



## IMPACT STORY: ARIN

“When Arin started her first session you could tell she was nervous, and her balance was off significantly. Her balance has improved immensely. Her core strength has also improved - this can be seen by her improved posture and by her ability to do more stunting with her competition cheer/hip hop routine. Her coach at the gym has even noticed how much stronger her core is now.



I have seen Arin’s confidence improve not only in her riding skills, but also at home. She is also assuming more responsibilities at home which I attribute to the responsibilities she has learned with her riding and care of Finn. Arin was also very proud of herself when she learned to trot. This girl starts her sessions with a smile on her face and ends her sessions with a bigger smile!

The staff and volunteers at ATS are just outstanding!!!! Always encouraging with kind words and reminders. They build up that self-confidence and self-worth that Arin was lacking. The activities during session not only work on physical improvements, but also have a very practical side. Working with items from Arin’s IEP, she does games which have included money management- shopping for her horse and needed barn supplies to working on multi step instructions.

Not only are the ‘therapists’ and staff special, but they are becoming part of our family.”

-Tara (Arin’s Mom)



2000 Folk Ream Road  
Springfield, Ohio 45502

## MARK YOUR CALENDARS

- February 1: Pancake Breakfast
- February 15: Spring Deadline to Register Returning Students
- March 13: Spring Deadline to Register New Students
- March 14: Side Walker Workshop @ 10:00am
- March 16: Side Walker Workshop @ 5:00pm
- April 24: Denim & Diamonds Dinner & Silent Auction
- September 26: Ride Steel Horses for Real Horses Fundraiser
- October 3: 5th Annual Duke Memorial Horse Show

- 2020 Sessions: Spring Session: March 30 - May 22
- Summer Session: June 15 - August 7
- Fall Session: August 31 - October 23

You can find our complete 2020 calendar and sign-up for our newsletter at [www.autumntrailsstable.com](http://www.autumntrailsstable.com)