



MISSION

Autumn Trails Stable strives to nurture the full potential of individuals in our community through the therapeutic power of horses.

VISION

We will be a transformative center serving our community in a collaborative, professional and encouraging environment that brings together medical and recreational models with the healing power of the human-equine bond to make the impossible become possible for everyone we serve.

AUTUMN TRAILS STABLE 2018 BOARD OF DIRECTORS

Lisa Mugrage
Interim Board Chair

Jo Fender
Secretary

Michelle Harris
Treasurer

Angel Fogle
Voting Member

Cindy Gudorf
Voting Member

Melissa Laitasalo
Voting Member

KEY STAFF

Angela Stan
*Executive Director/PATH International
Registered Certified Instructor*

Angel Fogle
Equine Manager

Kimberly Kosey
Barn Manager/Administrative Assistant

Carol Bryant
*Odyssey Coordinator/PATH International
Registered Certified Instructor*



ANNUAL REPORT 2018



WHO WE SERVE: OUR WHY

73 | 88% | 12% | 26

Total # of
Participants Served
in 2018

Under the
age of 18

Adult
Participants

New
Participants

In just 3 years, we have grown 217% in our services.

Our participants came from Clark, Champaign, Greene and Montgomery counties.

PARTICIPANT DIAGNOSES

1 Psychological: 31.5%

(PTSD, anxiety, depression, OCD, etc.)

2 Autism: 21.9%

3 ADHD: 10.9%

4 Developmental Disabilities: 9.6%

(Cognitive impairments, learning disabilities, etc.)

5 Neurological Disorders: 4.1%

(Encophalopathy, stroke, seizure disorder, etc.)

6 Down Syndrome: 2.73%

7 Cerebral Palsy: 2.73%

8 Traumatic Brain Injury: 2.73%

9 Other: 4.1%

VOLUNTEERS: THOSE WHO MAKE IT HAPPEN

80 | 40 | 17 | 3,949

Total # of
Volunteers in 2018

New
Volunteers

Wittenberg
Volunteers

Total # of
Volunteer Hours Logged

TOTAL VALUE OF HOURS VOLUNTEERED = \$97,500

** The value of volunteer hours is based on \$24.69/hour as stated by the independent sector*

HORSES & PONIES: THE HEROES

8 NUMBER OF HORSES AND PONIES OF VARIOUS BREEDS THAT SERVED OUR CLIENTS IN 2018

IMPACT STORY: DOMINIC

“This program means the world to us! Dominic loves the horses, he claims them to be his own. Being in this program has given him confidence, he is saying more words than ever before. When he is around the horses, he becomes very calm. When he mounts his horse, he has a sense of pride about him. He collects horses now and names them after the horses he rides. He dreams of Comet and when he plays his imagination soars, he is riding fast and jumps high. I have no doubt his love for horses will always be with him. This program and the staff are AMAZING, and they have given My Dominic so much. We love them!”

-Jennifer, Dominic's Grandmother

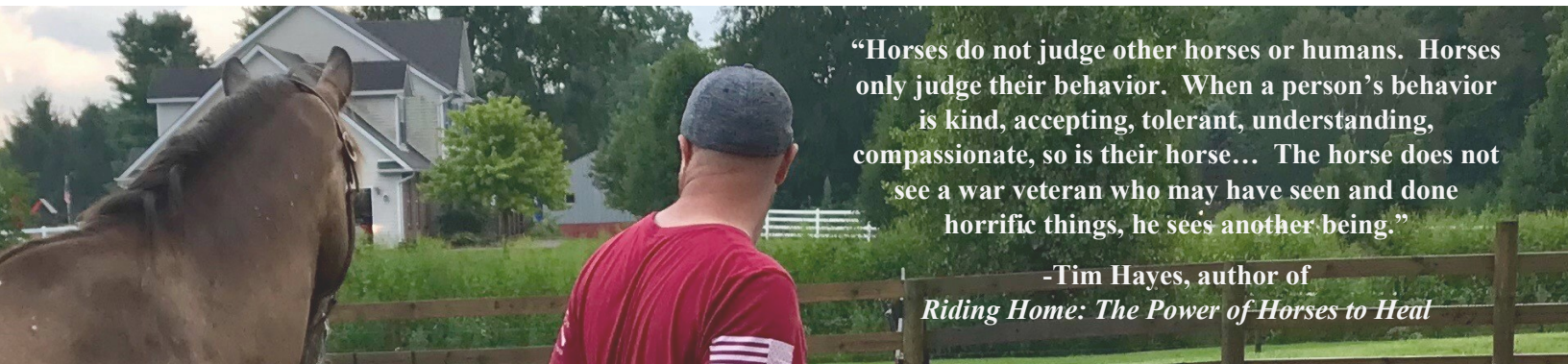




LETTER FROM EXECUTIVE DIRECTOR

Looking back on 2018 shows us that we can make the impossible become possible. Autumn Trails Stable (ATS) and the families we serve had an amazing year filled with triumphs and challenges. Our Board of Directors helped create our first strategic plan, which will help us to build the capacity to serve more individuals in the coming years. We were able to add two part-time paid staff positions to accommodate the growth. Our Odyssey (Horses for Heroes) program began and started growing. We served more individuals than ever before and had 80 volunteers working tirelessly alongside us. Our herd of invaluable equine “therapists” grew adding more reliable and safe mounts for our students. We made many connections and partnerships throughout the year and for that we are grateful. All of this could not be done without the incredible support of our community, donors, volunteers and families. 2019 looks bright as we continue to work together in order to better serve our community!

Angela Stan



“Horses do not judge other horses or humans. Horses only judge their behavior. When a person’s behavior is kind, accepting, tolerant, understanding, compassionate, so is their horse... The horse does not see a war veteran who may have seen and done horrific things, he sees another being.”

-Tim Hayes, author of *Riding Home: The Power of Horses to Heal*

NEW IN 2018

ODYSSEY: EQUINE SERVICES FOR VETERANS & FIRST RESPONDERS

Autumn Trails Stable is proud to offer a new program for Veterans and First Responders called Odyssey. We began the program in the Spring and it was called Horses for Heroes. We held 3 sessions. After some evaluation and seeking our participants feedback, we chose to take it in a different direction. The program is now called Odyssey: Equine Services for Veterans & First Responders.

PROGRAM OFFERED IN 2018:

- Therapeutic Riding
- Summer Camp
- Odyssey: Equine Services for Veterans & First Responders
- School Partnership

The word Odyssey means a long journey full of adventure and a series of experience that give knowledge or understanding to someone. Our goal is to create a safe community in order to increase the knowledge of self, horses, and others through Equine Assisted Learning.

We are able to offer this program through the help of Finally Home Farm EAP and the Greene County Career Center. The program is free of charge to veterans, first responders and their families as we fundraise in order to cover the costs. This program is now based out of the Greene County Career Center’s heated indoor riding arena. Please contact us for more information regarding our introductory session and days and times.



IMPACT STORY: BRYCE



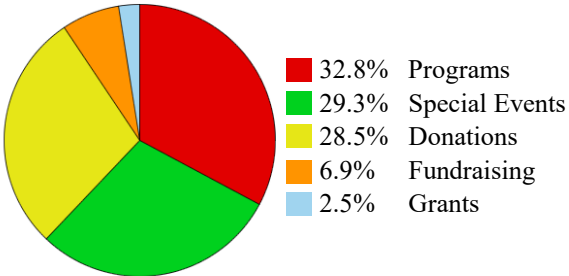
“ATS has helped Bryce tremendously with his every day activities. He has become more confident with his speech. He does not whisper

anymore when he is unsure of how to pronounce a word or words. Riding Comet has helped build his core strength and coordination. We believe that ATS horse therapy and his therapy he gets from Excel work hand in hand in allowing Bryce to work towards his goals. We don't think Bryce would be where he is today if he was not here. Thank you to all the volunteers, staff and especially Comet.”

-Jeff & Christina, parents

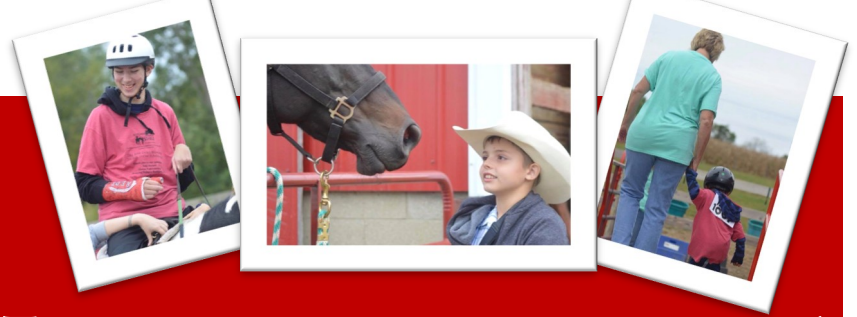
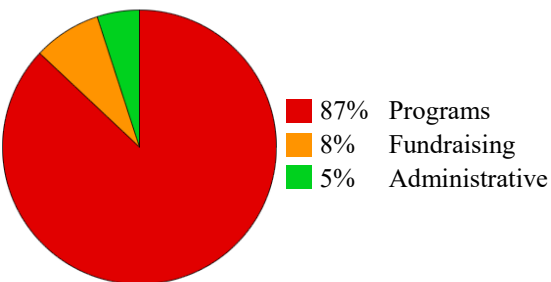
Where does our revenue come from?

We are grateful to our many generous donors who provided 67.2% of our revenue in 2018.



How we use our donor dollars?

87 cents of every dollar donated was spent on program services for our participants.



THANK YOU TO OUR DONORS!

Thank you for every single gift, whether monetary or in-kind, generously donated this year to ATS and to these friends who contributed \$100 or more during 2018:

PLATINUM

Judy Burnett
Davita
Therese Faulconbridge
Dan & Alicia Griffin
RuckUp22 March
Young Woman's Mission

Donna Conners
The Conover's
Johannah Dunham
F.O.E. Ladies Auxiliary
First Group Insurance Agency
Dawn Foster
German Township Fire Association

GOLD

B.A.S. Auto Service
The Blessing Barn
Randy & Cyndi Bishop
Casa del Sazon
Jo Fender
Rusty & Jasmine Fullon
Rex & Vicki Holzapfel
Hopkins LLC.
Larry & Amy Kaffenbarger
Val & Melissa Laitasalo
North Hampton Community Church
Northside Veterinary Clinic
Jim & Joann Riley
UPS

Cindy Gudorf
Amber Hawkins
Frederick Henman
Heritage Run Equestrian Center LLC.
Leonard Holzapfel
IH Credit Union
Pam Jones-Smith
Dianna Kahler
Dale King
Kyle Koehler
Jerry & Kristen Kosey
Laurelville Grain
Miami Valley Feed & Grain
Linda Miller
Tim & Lisa Mugaage
Mary Alice Neely

SILVER

Benita Adrian
Crystal Baker
Jeff & Christina Bolin
Charles Huber Elementary School
Chipotle
Virginia Coffman
Mary Goheen
Kohl's Cares
Kroger
Restoring Wellness Boutique, LLC.
Nancy Riley
Tim & Susan Spradlin
Global Impact STEM Academy
Taylor Family Wellness Chiropractic
Vickie Williams
Yamada

New Carlisle Federal Savings Bank
North Hampton Lions Club
Ohio Horseman's Council
Dean Pryor
Raise the Bar Equine Laundry
RIXCO LLC.
Christine Shediack
Mark & Laura Southard
Springfield Lions Club
Sandi True
Karen Tuttle
Woeber Mustard
Summer Woodburn
Bonnie Yeager

IN MEMORY

Chief (retired) Donald Spradlin
Martha Suver

BRONZE

Brittany Adams
Kay Akers
Nona Alleman
Allen Jackson Enterprises
Rachael Baker
Katherine Baldrige
Binnix Bail Bonds
Pat Boggs
Bonham Electric
Carol Bryant
Clark County 4-H Horse Committee

SPECIAL THANKS

All of our In-Kind & ATS Friends (gifts of under \$100 or on Facebook) Donors
Gudorf Construction Services LLC. for discounted facility rent
Dr. Alicia Griffin (ATS' Veterinarian)
Michael Wildman (ATS' Farrier)
Holly Steinberger for donating her bookkeeping services
To those who lease their horses to ATS:
Kim Errett, Angel Fogle & Angela Stan





SUMMER CAMP

We look forward to our Summer Camp every year. In 2018, we offered one four day camp. Campers came to ATS from 9:00 a.m. to 12:00 p.m. each of the four days and learned about caring for horses, received two therapeutic riding lessons, played games and took home several great horse related crafts. Lots of laughs were had and many friendships were made. We had six campers this year and are looking forward to welcoming even more in 2019.

Interested in our 2019 Summer Camp? Visit our website at <http://www.autumntrailsstable.com/summercamp> for more information. Our 2019 Summer Camp will be held June 24-27. We hope to see you there! (We always need volunteers for this week!)



MARK YOUR CALENDARS

- February 9:** Pancake Breakfast
- February 28:** Spring Deadline to Register Returning Students
- March 15:** Spring Deadline to Register New Students
- March 18:** Side Walker/Horse Leader Workshop @ 5:30pm
- March 23:** Side Walker/Horse Leader Workshop @ 11am
- April 26:** Denim & Diamonds Dinner & Silent Auction
- September 21:** 3rd Annual Duke Memorial Horse Show
- October 26:** Oktoberfest at ATS

- 2019 Sessions:** Spring Session: April 1 - May 24
- Summer Session: June 17 - August 16
- Fall Session: September 9 - November 1

You can find our complete 2019 calendar and sign up for our newsletter at www.autumntrailsstable.com

IMPACT STORY: MAZIE



My daughter Mazie is 13-years-old. She has suffered from anxiety for as long as I can remember. Her anxiety has in turn, caused her to have low self-esteem and she has had trouble making good friends. We had tried everything that we could think of to help Mazie with this; seeing several different types of therapists and counselors, trying to get her involved in clubs and sports. Nothing we did seemed to make a noticeable difference in Mazie's confidence level.

Mazie began participating in therapeutic horseback riding at Autumn Trails Stable this past spring. The impact that this program has had on Mazie is amazing. Her anxiety has decreased considerably, and her confidence level has grown as well. She has made so many new friends at school this year, which is such a blessing to her (and me, as well!). Angela is incredibly patient with the riders, and all of the staff and volunteers are so kind. Mazie looks forward to seeing her horse, Finn, every week. I can't thank these people (and horses) enough. They are teaching my daughter how to trust herself, and that is the best gift that I could ask for.

- Brandee, Mazie's Mom



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